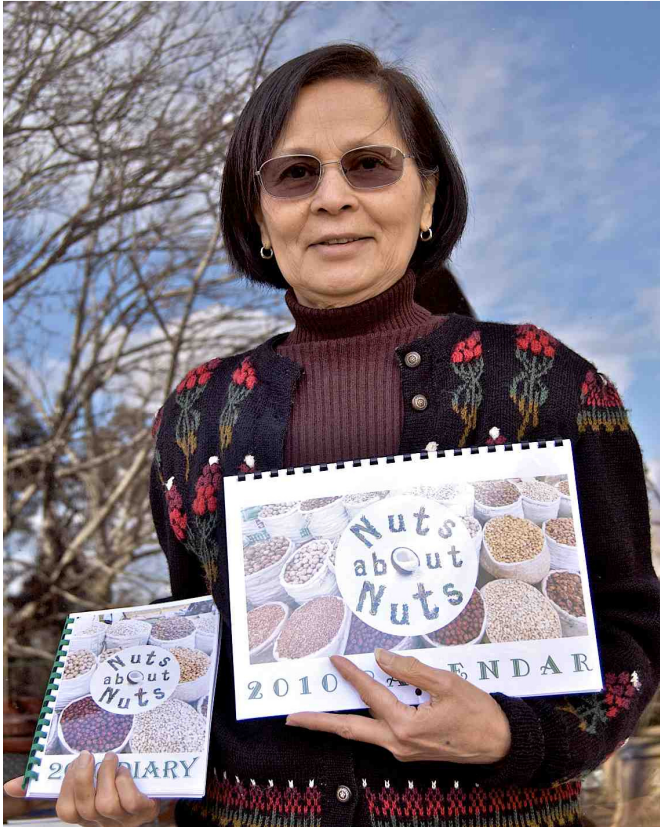


## A Diary (Calendar) with a Difference



Mrs. Chân Carroll, wife of PP Peter Carroll and designer/producer of “Nuts about Nuts” diaries and calendars, shows off samples of her new project for 2009/2010.

Last year, Chân Carroll raised over \$1,600 for Australian Rotary Health through sales of her “Spice Up Your Days” 2009 diary that was much appreciated both as a present and as a useful planning tool. Similarly, the “Nuts about Nuts 2010” issues are not just ordinary diaries and calendars but are attractively illustrated publications with 12 fascinating articles about different kinds of edible nuts - one for each month of the year. These articles, some of which were originally written for Garden Club and Cooking Class newsletters, incorporate information and knowledge that, Vietnamese born, Chân Carroll has gleaned over the years, through her heritage as a granddaughter of a well-known herbalist, her living in different cultures and through her wide reading.

Following the great success of her “Spice Up Your Days” 2009 diary, Chân has decided that “Nuts about Nuts 2010” will be available in both diary and calendar formats for the coming year to widen its appeal in the community. The diary or calendar are available for a donation of \$12.00 or more. Support a good cause – use them as Christmas presents for family and friends!

This Project is, once again, sponsored by the Rotary Club of Central Blue Mountains in support of **Australian Rotary Health**.

More information on these “Nuts about Nuts 2010” diaries and calendars may be obtained from the secretary of the Rotary Club of Central Blue Mountains, P.O. Box 124, Wentworth Falls, N.S.W. 2782, or by emailing Chân Carroll at [pet@bigpond.net.au](mailto:pet@bigpond.net.au).